

# Lander Bar Lunch

## *Light Bites*

<b>Soup of the Day</b> <small>C D SD CG L</small> Homemade soup with a bread roll	£4.50
<b>Toasted Pitta Bread</b> <small>CG SD</small> With red pepper hummus dip	£4.50
<b>Sweet Chilli Chicken Skewer</b> <small>D MU SD D</small> With ranch style sauce	£4.95
<b>Nachos</b> <small>CG C D</small> Topped with melted cheddar and jalapeños. Served with tomato salsa, sour cream and guacamole	£4.95 £7.95

## *Cold Sandwiches*

All sandwiches are served on your choice of white or wholemeal bread, ciabatta or baguette with salad garnish

<b>Prawn Marie Rose</b> <small>MU CG E D F</small>	£6.95
<b>Cheddar Cheese &amp; Sweet Pickle</b> <small>CG SD D C N P</small>	£5.50
<b>Ham &amp; Tomato Chutney</b> <small>CG SD D C MU</small>	£5.75
<b>Tuna Mayonnaise with Red Onion</b> <small>F D E MU CG</small>	£5.75
<b>Egg Mayonnaise &amp; Rocket</b> <small>E CG M D</small>	£5.50

## *Hot Sandwiches*

Served on your choice of white or wholemeal bread with salad garnish

<b>Fish Finger &amp; Homemade Tartar Sauce</b> <small>F CG M E MU SD D</small>	£6.50
<b>Classic BLT</b> <small>MU CG E D</small> Bacon, lettuce, tomato and mayonnaise	£7.25
<b>Chicken Club</b> <small>F MU CG E D</small> A triple decker sandwich filled with chicken, bacon, lettuce, tomato and mayonnaise	£8.95

## *Afternoon Tea*

<b>Toasted Tea Cake</b> <small>CG D E SD</small>	£3.95
<b>Cream Tea for 1</b> <small>CG D E N</small> Fruit scone with clotted cream, preserves and tea or coffee	£6.95
<b>Traditional Afternoon Tea for 2</b> <small>CG D E MU P N F L</small> A selection of tea, tea infusions, or freshly ground Lavazza coffee. Fruit scones with preserves and clotted cream, mini Eaton Mess, fancies and cake of the day. Accompanied by Smoked Salmon, Cream Cheese & Cucumber, Ham with Spinach & Mustard sandwiches	£25.90

## Create Your Own Omelette

Served with a dressed seasonal salad

SD D MU C

A 3 Egg Omelette

with your choice of filling, choose from;  
cheese, onion, tomato, ham, peppers, mushrooms

SD D MU C

£7.25

## Bar Classics

<b>Beer Battered Fish</b> <small>CG E SD MU</small>	£8.50
With classic chips, peas and homemade tartar sauce	
<b>Three Bean Smoked Chilli</b> <small>D CG MU C</small>	£7.95
With fluffy rice, tortilla crisps and sour cream	
<b>Grilled Salmon Niçoise Salad</b> <small>F E MU</small>	£8.95
Green beans, black olives, tomatoes and egg with a vinaigrette dressing	
<b>Buckatree Burger</b> <small>CG SD S C MU E</small>	£8.95
Prime beef or butterfly chicken with field mushroom, bacon and Monterey Jack cheese in a floured bap with sweet potato fries and relish	
<b>Sausage &amp; Mash</b> <small>SD CG D</small>	£7.95
With red onion and cider gravy	
<b>Chicken, Tomato and Spinach Balti</b> <small>CG MU SD N</small>	£8.50
With fluffy rice, naan bread and mango chutney	
<b>Lamb Kofta</b> <small>CG D SD D</small>	£8.25
Tomato and onion salad. Pitta bread and tzatziki dip	
<b>Home Baked Ham</b> <small>E</small>	£7.95
Cold cuts of ham served with egg and classic chips	
<b>Mac 'N' Cheese with Garlic Bread</b> <small>D E CG N</small>	£7.25
Add char-grilled chicken	£8.95

## Desserts

Please enquire with your server  
for today's selection of desserts

£3.95

As part of the Food Information Regulations Act we list to the top 14 EU recognised allergens on our menus C=Celery CG=Cereals containing Gluten D=Dairy E=Eggs F=Fish L=Lupin Seeds Mo=Molluscs Mu=Mustard N=Nuts (trace nuts) P=Peanuts S=Soya SD = Sulphur Dioxide SF=Shellfish SS=Sesame Seeds

Lunch menu served daily  
11.00am – 5.30pm