

# Lander Bar & Lounge

## Lunch Menu

### Light Bites

<b>Soup of the Day</b> C D SD CG L	<b>£5.50</b>
<b>Breaded Mozzarella Sticks</b> D E CG sweet chilli dip and chive crème fraiche	<b>£5.95</b>
<b>Chicken Liver Parfait</b> CG D fig chutney and caramelised onion bread	<b>£6.25</b>
<b>Pineapple and Watermelon Stack</b> SD with a blackberry vodka & thyme compote	<b>£5.95</b>

### Cold Sandwiches

All sandwiches are served on your choice of white or wholemeal bread, ciabatta or baguette with salad garnish

<b>Prawn Marie Rose</b> MU CG E D F	<b>£6.95</b>
<b>Cheddar Cheese &amp; Sweet Pickle</b> CG SD D C N P	<b>£5.50</b>
<b>Ham &amp; Tomato Chutney</b> CG SD D C MU	<b>£5.75</b>
<b>Tuna Mayonnaise with Red Onion</b> F D E MU CG	<b>£5.75</b>
<b>Egg Mayonnaise &amp; Rocket</b> E CG M D	<b>£5.50</b>

### Hot Sandwiches

Served on your choice of white or wholemeal bread with salad garnish

<b>Fish Finger &amp; Homemade Tartar Sauce</b> F CG M E MU SD D	<b>£6.50</b>
<b>Classic BLT</b> MU CG E D Bacon, lettuce, tomato and mayonnaise	<b>£7.25</b>

### Afternoon Tea

<b>Toasted Tea Cake</b> CG D E SD	<b>£3.95</b>
<b>Cream Tea for 1</b> CG D E N Fruit scone with clotted cream, preserves and tea or coffee	<b>£6.95</b>
<b>Traditional Afternoon Tea for 2</b> CG D E M U P N F L Tea, tea infusions or freshly ground coffee. Fruit scones with preserves and clotted cream. Mini cakes and a selection of finger sandwiches to include, smoked salmon, cream cheese & cucumber, ham & tomato chutney.	<b>£25.90</b>

As part of the Food Information Regulations Act we list to the top 14 EU recognised allergens on our menus C=Celery CG=Cereals containing Gluten D=Dairy E=Eggs F=Fish L=Lupin Seeds Mo=Molluscs Mu=Mustard N=Nuts (trace nuts) P=Peanuts S=Soya SD = Sulphur Dioxide SF=Shellfish SS=Sesame Seeds

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### Create Your Own Omelette

Served with a dressed seasonal salad

A 3 Egg Omelette SD D MU C

with your choice of one filling, choose from;  
cheese, onion, tomato, ham, peppers, mushrooms

SD D MU C

**£8.25**

Additional fillings 75p each

### Main Courses

All dishes served as stated

<b>Beer Battered Fish</b> <small>CG E SD F</small>	<b>£12.95</b>
classic chips, peas and homemade tartar sauce	
<b>Sri Lankan Chicken Curry</b> <small>MU SD</small>	<b>£12.95</b>
served with rice and chilli potatoes <i>vegetarian option available</i>	
<b>Chicken Caesar Salad</b> <small>D F CG</small>	<b>£11.95</b>
baby gem, croutons, Parmesan and Caesar dressing	
<b>Smokey Three Bean Chilli</b> <small>D SD S</small>	<b>£10.95</b>
turmeric & cardamom rice, tortilla crisps and guacamole	
<b>Buckatree Burger</b> <small>CG D SD</small>	<b>£13.95</b>
beef burger or butterfly chicken breast topped with Monetary Jack cheese and bacon. Served with chips and coleslaw	

### Desserts

**£5.50**

<b>Lemon Meringue Pie</b> with fruits of the forest <small>D CG</small>	
<b>Chocolate Profiteroles</b> filled with sweetened cream <small>D CG</small>	
<b>Hot Dessert of the Day</b> - <i>please ask your server for details</i>	
<b>Baked Vanilla Cheesecake</b> with raspberry compote <small>D CG</small>	
<b>Fresh Fruit Salad</b> with pouring cream	

**Lunch menu served daily**  
**11.00am – 2.00pm Mid-week**  
**11.00am – 6.00pm Weekends**